



# SAFETY CHECKLIST

## Slip & Fall Protection:

- ✓ Wear slip-resistant shoes
- ✓ Keep an eye out for obstructions
- ✓ Address spills immediately
- ✓ Place wet-floor caution signs before cleaning and/or in heavy moisture areas
- ✓ Make sure floor mats lie flat

## Back Injury Protection:

- ✓ Stretch before, during and after work
- ✓ Take short breaks throughout the day
- ✓ Understand proper lifting techniques
- ✓ Ask for help when an item is too heavy

## Chemical Safety:

- ✓ Make sure that all spray bottles are properly labeled for the product being used
- ✓ Know the location of and how to read the Safety Data Sheets (SDS)
- ✓ Make sure the area is well-ventilated before cleaning
- ✓ Never mix chemicals
- ✓ Wear appropriate personal protective equipment, including gloves and goggles for overhead cleaning tasks
- ✓ Wash hands after using cleaning chemicals

**Mixing Chemicals:** Not only could toxic gases be released, mixing chemicals together will greatly reduce or eliminate the individual product's efficacy. **For example:** Mixing a disinfectant (termed "antimicrobial") with any product and especially one that is enzyme based (termed "promicrobial") will neutralize the effectiveness of both products.

## Protocol Safety:

1. Always wear protective gloves when using cleaning chemicals.
2. Always wear protective goggles when applying cleaning solutions above eye level.
3. Use Wet Floor Safety Signs to avoid dangerous slip and falls.
4. Wash hands thoroughly.

## NOTES:

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